

## NOC News – July 2022

### New Members:

A warm welcome to Lindsey McCulloch-Howe, Ed Cochrane as well as Evan and Rhys Llewellyn who have recently joined the club. We look forward to seeing all four new members at an event soon.

### Retford Urban:

NOC hosted a round of the East Midlands Urban League on the 10<sup>th</sup> July at Retford. Organised by Robert & Helen Parkinson and with Andrew Ridgway planning the courses, the event attracted over eighty participants on a hot and sunny Sunday morning. Many NOC members placed well in the results. The following table lists those finishing in the top ten class positions:

CLASS	POSITION	NOC MEMBER
Men's Open	1st	Richard Robinson (M40)
MV40	3rd	Gary Peet (M50)
	4th	Jim Carley (M45)
MUV65	1 <sup>st</sup>	Michael Napier (M65)
	2nd	Paul Morris (M65)
	6th	Robert Parkinson (M65)
MHV75	9th	John Palmer (M75)
WYJ12	1st	Katie Ransley Kent
WSV55	1st	Helen Parkinson (W55)
WUV65	1st	Jane Booker (W65)
WHV75	2 <sup>nd</sup>	Hilary Palmer (W75)
	6th	Tricia Neal (W75)

### Other Events and Activities held in July:

Helen and Robert Parkinson were at the *Lindley Urban* hosted by EPOC on 23<sup>rd</sup> July and both finished 2<sup>nd</sup> in their classes. The following day Robert and Helen were busy at the nearby *Birkby Urban* event where they were joined by Tricia Neal. All earned very respectable class results: 3<sup>rd</sup>, 4<sup>th</sup> and 4<sup>th</sup> respectively.

Ben Squire was at the European Youth Championships in Hungary and is also taking part at O-Ringen in Sweden along with Ant at the end of the month.

### Events in August and Beyond:

A number of NOC members will be heading to the national *Lakes 5 Days* event including Richard Robinson and his family, Andrew Ridgway, Richard Llewellyn, Jan Ellis, Amy & Katie Ransley. Good luck to all.

Within the East Midlands region, the following events are available for NOC members to enter:

Date	Event	Type	Club
6 Aug	<a href="#">MMM Marathon</a> – Belchford, Lincs	Local	LOG
9 Aug	<a href="#">Market Bosworth</a>	Local	LEI
17 Aug	<a href="#">Castle Hill</a> - Leicester	Local	LEI
21 Aug	<a href="#">Lincoln City - Urban</a>	EMUL	LOG

Keep a look out too for any activities arranged by the [Bassetlaw District Orienteers](#).



If you just want to test your orienteering skills in a new area, don't forget that the Permanent Orienteering Course at [Ollerton Pit Wood](#) is now available. A MapRun course is available too.

The next NOC hosted event will be at **The Meadows in Nottingham on 18<sup>th</sup> September**. This will be a regional event and part of the EMUL. However, courses will be available to suit all ages and abilities. [Full details to follow soon](#).

Preparation for this event is well underway. Like all our events, we rely heavily on volunteers to ensure that everything runs smoothly on the day.

**Can you help on 18<sup>th</sup> September?**

No prior experience is necessary as you will be guided on what to do on the day, and you'll still be able to participate in the event as normal – NOC will pay your entry fee! So, if you can arrive early to set-up or stay after your run to help pack-up, please contact your Team Leader.

**Jane Booker** for parking duties

**Hilary Palmer** for the Start

**Andrew Breakwell** for the Finish

**Michael Napier** for Results

If you have no preference regarding Parking/Start/Finish/Results but would still like to help, please contact **Julie Webster** who is the event organiser. See the [NOC site for contact details](#).

Enjoy your summer of orienteering!